



Make a personal pledge to reduce waste and conserve resources. Pick one and stick to it for the month of April...and beyond. Once the new behavior is old and “nailed”, take on a new pledge to show a higher level of respect for our Earth’s limited resources.

Make a banner for pledges – post in a common area of home, work or school

### **Suggestions – “I pledge to...”**

Bring a waste-free lunch in reusable containers to work or school

Use washable plates, cups, utensils and napkins rather than disposable

Take a reusable beverage bottle when “on the go” rather than purchase one-time-use products

Take reusable bags shopping rather than be given a paper or plastic bag at the store

Use both sides of a piece of paper

Reuse or repair things I already own

Donate gently-used items to charity

Recycle at home, work and school

To collect plastic bottles after a sports game to take home for recycling

Provide assistance to my family or neighbors on recycling day

Carpool, bike or walk when possible

Turn off lights, TV and other electronics when not in use

Turn off water while brushing my teeth

Take shorter showers – collect water while waiting for it to heat up, use for plants or pets